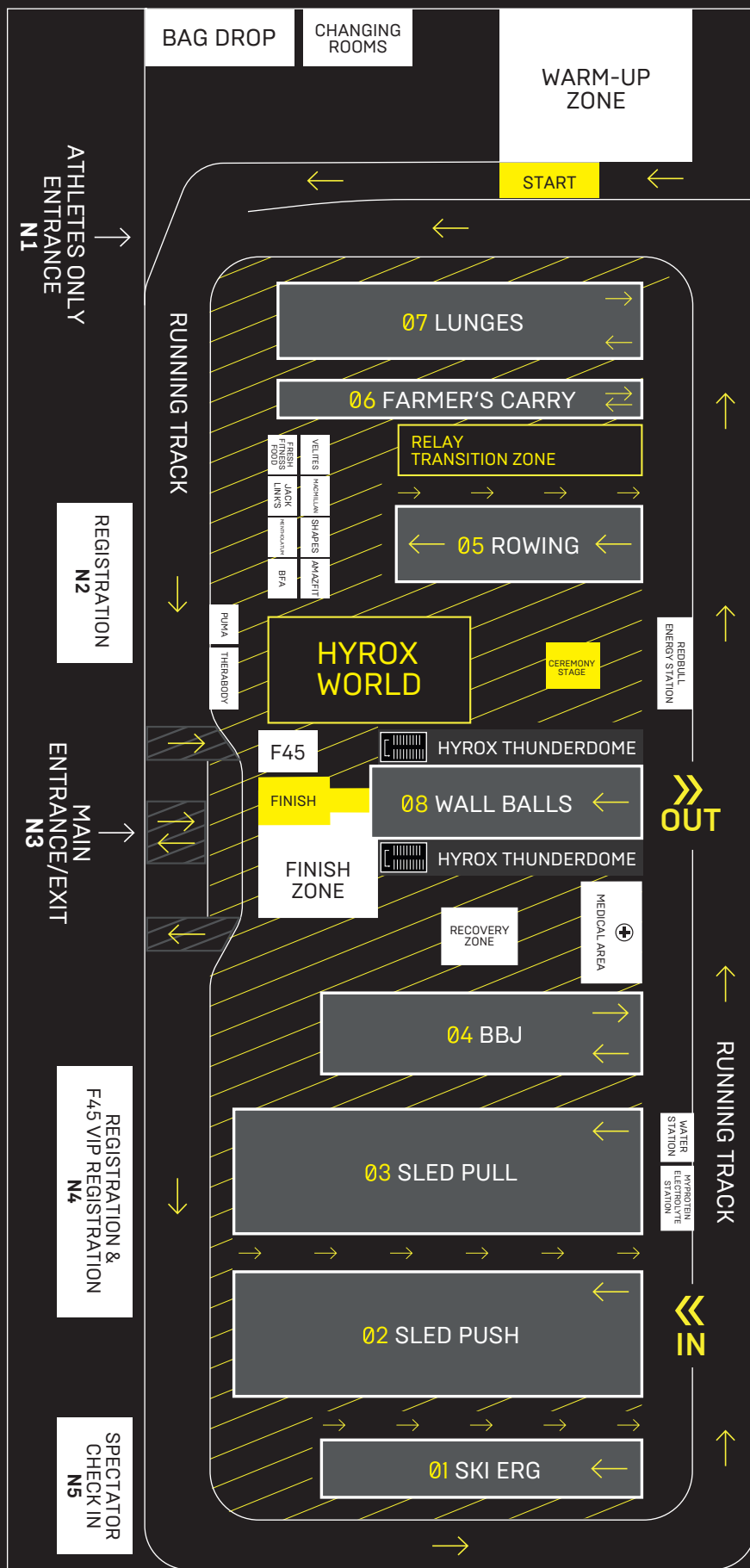




29TH NOV. – 1ST DEC. 2024
EXCEL LONDON, HALLS N1 – N10

HYROX LONDON

↓ VENUE
ENTRANCE



RUN 1 = 2.6 Laps
(Go 'IN' on the THIRD time you see the 'IN')

RUNS 2-8 = 1.8 Laps
(Go 'IN' on the SECOND time you see the 'IN')

